

Advanced Wilderness Survival

Friday

- 4:00-5:30 Welcome, Registration
5:30-6:30 Dinner
6:30-9:00 Overview of weekend's
events and skills refresher
9:00-11:00 Social Time

Saturday

- 7:30-8:30 Breakfast
8:30-12:00 Advanced Land Navigation
12:00-12:45 Lunch
1:00-5:00 Building Shelter &
Locating Water
5:00-5:30 Free Time
5:30-6:30 Dinner
6:30-9:30 "Night Nav" Challenge
8:00-9:00 Alternative Program
9:00-11:00 Social Time

Sunday

- 8:00-8:45 Breakfast
9:00-12:00 Camouflage & Awareness
12:00-1:00 Lunch & Evaluations
1:00 Departure

Directions to Holiday Lake

From Lynchburg: take 460 East to Appomattox, exit onto Rt. 24 East toward Appomattox Courthouse. On Rt. 24 drive 7 miles, turn right onto Rt. 626, drive 5 miles to Rt. 723 (fork left). The Center is at the end of Rt. 723.

From Charlottesville: take Rt. 20 South to Dillwyn. Turn right onto Rt. 15 South, drive 1 mile, turn right onto Route 60 West. Past Buckingham Courthouse, veer left onto Rt. 24. Drive 10 miles, turn left onto Rt. 626. Drive 5 miles to Rt. 723 (fork left). The Center is at the end of Rt. 723.

From Farmville: take Rt. 460 West to Prospect. Turn right onto Rt. 626 follow Rt. 626 10 miles. Turn right onto Rt. 723, The Center is at the end of Rt. 723.

**For additional information, call Holiday
Lake 4-H Educational Center**

434-248-5444

www.holidaylake4h.com

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

AN EQUAL
OPPORTUNITY/AFFIRMATIVE
ACTION EMPLOYER

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in the this workshop, please contact The 4-H Center no later than two weeks prior to the date assistance is needed between the hours of 8:00 a.m. – 4:30 p.m. Monday through Friday.

Holiday Lake 4-H
Educational Center Presents:

ADVANCED WILDERNESS SURVIVAL

& OUTDOOR SKILLS WEEKEND



APRIL 16-18, 2010

Do you know the basics but want to increase your knowledge and advance your outdoor skills?

Are you out of practice and need to refresh your skills?

Are you just looking for a fun get away to challenge yourself and put your skills to the test?

If you answered yes to any of the questions above, this is the course for you!

WILDERNESS SURVIVAL WEEKEND

April 16-18, 2010

Registration Form

Name _____

Address _____

Phone _____

E-mail _____

Male _____ Female _____

Cost: \$165.00

Amount enclosed: \$ _____

**Make Check Payable &
Mail registration form to:**

Holiday Lake 4-H Educational Center
1267 4-H Camp Road
Appomattox, VA 24522

Registration Deadline:
April 2, 2010

Cut along dotted line and return registration with payment

What you get:

- ▶ Professional and expert instruction!
- ▶ A relaxed, fun, "Hands On" learning environment!
- ▶ Participation is limited for a better instructor: participant ratio!
- ▶ Knowledge to last a lifetime!

Weekend Course Listing:

- Survival Refresher Course
- Advanced Land Navigation
- Building Temporary Shelters
- Locating and Collecting Water
- Improving "Situational Awareness" Skills
- Nighttime Navigation Challenge *(optional)*
- Primitive Tools and Cordage
(Alternative to Nighttime Nav. Challenge)
- Sleep Overnight in Temporary Shelters
(optional)

Special Information

- ▶ Any participants under the age of 18 must be accompanied by a paying adult.
- ▶ Rustic but comfortable bunk style lodging is provided.
- ▶ A health form (no physical required), a list of items to bring, and other information will be sent as soon as your registration form has been received.
- ▶ All "Challenge" situations and activities will be optional and Instructors will be present at all times to ensure participant safety.

Cost Of Workshop

Only \$165.00!!

**Covers all programming,
instructor fees, meals, and
lodging.**

WHAT A DEAL!

Refund Policy

- ▶ Full: by April 2, 2010
- ▶ 50% : after April 2, 2010
- ▶ Nonrefundable after April 9, 2010.

About the Instructors:

Our Instructors are experts in the fields of wilderness survival, search and rescue, primitive skills, and tracking. Each has provided training and technical assistance to Military, Law Enforcement, and Search and Rescue agencies as well as numerous local, state, and federal government organizations.