

How Do I REGISTER?

To register your child for Junior 4-H Camp, or for more information about Junior 4-H Camp or other 4-H programs, contact your local 4-H Extension Agent (See table below).

County	Telephone	County	Telephone
Accomack	(757)787-1361	King George	(540)775-3062
Albemarle	(434)984-0727	King William	(804)769-4955
Alexandria	(703)519-3325	Lancaster	(804)462-5780
Alleghany/ Covington	(540)962-0276	Lee	(276)346-1522
Amelia	(804)561-2481	Loudoun	(703)777-0373
Amherst	(434)946-9365	Louisa	(540)967-3422
Appomattox	(434)352-8244	Lunenburg	(434)676-2497
Arlington	(703)228-6400	Lynchburg City	(434)847-1585
Augusta	(540)245-5750	Madison	(540)948-6881
Bath	(540)839-7261	Mathews	(804)725-7196
Bedford	(540)586-7675	Mecklenburg	(434)738-6191
Bland	(276)688-3542	Middlesex	(804)758-4120
Botetourt	(540)473-8260	Montgomery	(540)382-5790
Brunswick	(434)848-2151	Nelson	(434)263-4035
Buchanan	(276)935-6254	New Kent	(804)966-9645
Buckingham	(434)969-4261	Newport News	(757)591-4838
Campbell	(434)332-9538	Norfolk	(757)683-2816
Caroline	(804)633-6550	Northampton	(757)414-0731
Carroll	(276)728-7611	Northumberland	(804)580-5694
Charles City	(804)829-9241	Nottoway	(434)645-9315
Charlotte	(434)542-5884	Orange	(540)672-1361
Chesapeake	(757)382-6348	Page	(540)743-5794
Chesterfield	(804)751-4401	Patrick	(276)694-3989
Clarke	(540)955-5164	Petersburg City	(804)733-1880
Craig	(540)864-5812	Pittsylvania	(434)432-7770
Culpeper	(540)727-3435	Portsmouth	(757)393-5125
Cumberland	(804)492-4390	Powhatan	(804)598-5640
Danville	(434)799-6558	Prince Edward	(434)392-4246
Dickenson	(276)926-4605	Prince George	(804)733-2686
Dinwiddie	(804)469-4514	Prince William	(703)792-6289
Essex	(804)443-3551	Pulaski	(540)980-7761
Fairfax	(703)324-5369	Rappahannock	(540)675-3619
Fauquier	(540)341-7950	Richmond City	(804)786-4150
Floyd	(540)745-9307	Roanoke Office	(540)772-7524
Fluvanna	(434)589-8122	Rockbridge	(540)463-4734
Franklin	(540)483-5161	Rockingham	(540)564-3080
Frederick	(540)665-5699	Russell	(276)889-8056
Giles	(540)921-3455	Scott	(276)452-2772
Gloucester	(804)693-2602	Shenandoah	(540)459-6140
Goochland	(804)556-5341	Smyth	(276)783-5176
Grayson	(276)773-2491	Southampton	(757)653-2572
Greene	(434)985-5236	Spotsylvania	(540)582-7096
Greensville/ Emporia	(804)348-4223	Stafford	(540)899-4020
Halifax	(434)476-2147	Suffolk	(757)923-2050
Hampton City	(757)727-1401	Surry	(757)294-5215
Hanover	(804)752-4310	Sussex	(804)246-5511
Henrico	(804)501-5160	Tazewell	(276)988-0405
Henry	(540)634-4650	Virginia Beach	(757)427-4769
Highland	(540)468-2225	Warren	(540)635-4549
Isle of Wight	(757)365-6257	Washington	(276)676-6309
James City	(757)566-1367	Westmoreland	(804)493-8924
King and Queen	(804)785-5979	Wise	(276)328-3699
		Wythe	(276)223-6040
		York	(757)890-4940

* Other Junior 4-H camp classes are offered by each camping unit and are taught by volunteers (teen and adult) and Extension Agents.

4-H Center	Smith Mtn. Lake	Northern	Jamestown	Holiday Lake	Airfield	Class
	X	X	X	X	X	Outdoor Living Skills/Nature
	X	X		X	X	Forest Science
	X	X	X	X	X	Aquatic Science/Water Quality
	X	X		X		Small Animals/Barn Animals
	X	X				Horsemanship
	X	X		X	X	High Ropes
	X	X	X	X	X	Low Ropes
	X	X				Climbing/Rappelling
	X	X	X	X	X	Riflery
	X	X	X	X	X	Archery
		X	X	X	X	Theatrical Arts / Performing Arts
			X			Computer Science
	X	X	X	X	X	Broadcast Journalism, Media, Video Production
	X	X	X	X	X	Canoeing/Kayaking
	X	X	X	X	X	Swimming
			X	X	X	Arts and Crafts
			X	X		Leather Craft
	X	X		X		Fishing
		X				Native American Culture
		X		X		Tennis/outdoor sports
				X		Creative Dance

4-H Center

Junior 4-H Camp Classes*

Virginia 4-H CAMPING

CAMP DATE:

CAMP GROUP:



Virginia Cooperative Extension

Knowledge for the Common Wealth



VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY



VIRGINIA STATE UNIVERSITY

2002

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PLEASE VISIT THE INTERNET FOR MORE INFO:

www.ext.vt.edu/resources/4h/camping.html

WHAT IS JUNIOR 4-H CAMP?

Junior 4-H Camp is a 4-5 day residential 4-H camping experience for boys and girls ages 9-13. Four-H camping is cooperative group living in a natural environment, which focuses on the individual's social, spiritual, mental, and physical development.

The purpose of 4-H camping is to develop life skills using fun, educational programs and activities. The six (6) major life skills that are emphasized at Junior 4-H Camp are:

- Understanding Self
- Communicating and Relating to Others
- Acquiring, Analyzing, and Using Information
- Problem Solving and Decision Making
- Managing Resources
- Working with Others

In addition, 4-H camping exposes youth to educational and recreational experiences in a wide variety of programmatic areas, including environmental education, aquatics, paddling, animal science, science and technology, outdoor adventure/ leadership, and shooting education.

WHAT IS THE COST OF JUNIOR 4-H CAMP?

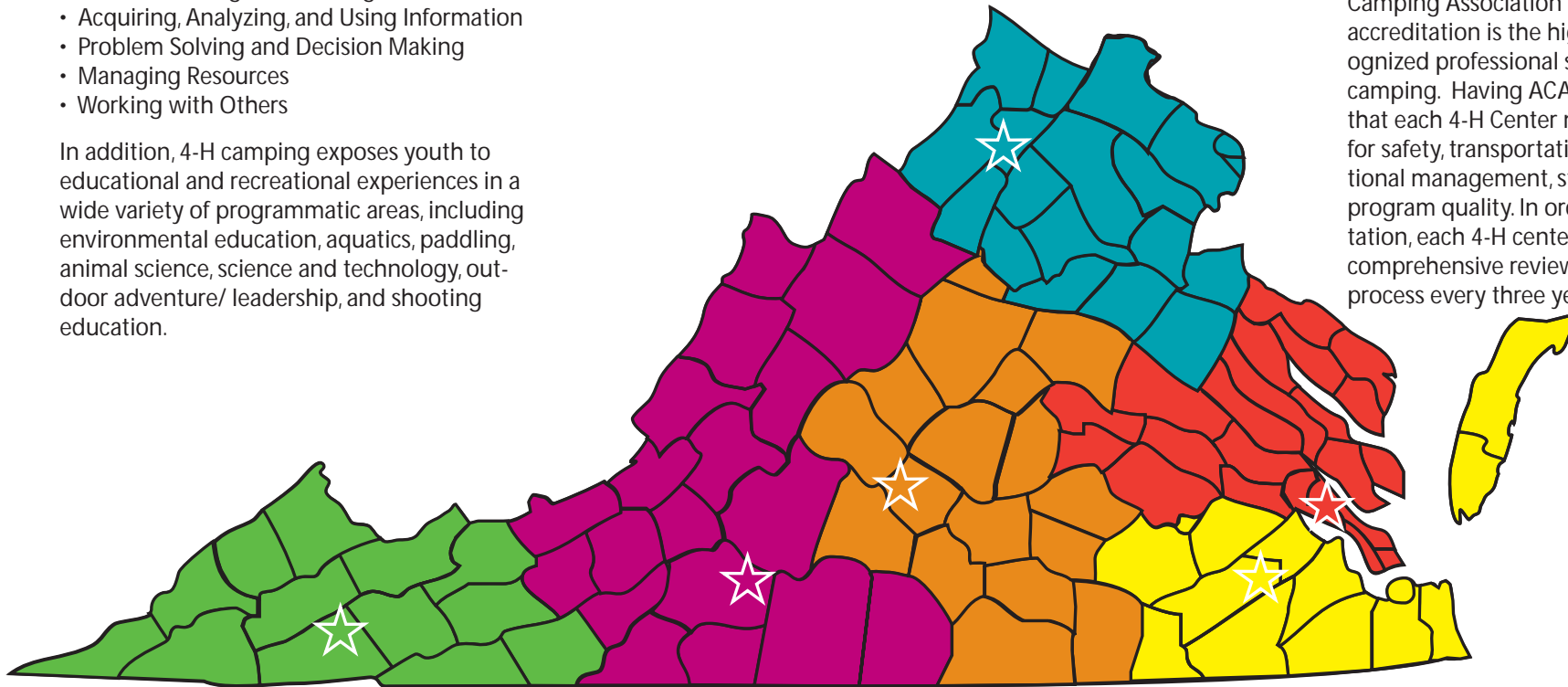
CAMP COST:

WHICH INCLUDES:

HOW SAFE IS JUNIOR 4-H CAMP?

Highly trained and skilled teen counselors, adult volunteers, and professional staff conduct Junior 4-H camp. Youth are supervised at all times, and a camper/leader ratio of 1:8 is maintained. In summer 2001, 10,000 Junior 4-H camp youth (ages 9-13) were asked to rate "safety" at Junior 4-H camp. On a scale of 1-5, where 1=poor and 5=excellent, Junior 4-H camp safety was rated 4.25.

In addition, all six (6) 4-H educational centers in Virginia are accredited through the American Camping Association (ACA). ACA accreditation is the highest recognized professional standard in camping. Having ACA accreditation means that each 4-H Center meets high standards for safety, transportation, food service, operational management, staffing, health care, and program quality. In order to maintain accreditation, each 4-H center must be involved in a comprehensive review and "visitation" process every three years.



★ Serviced by Southwest Virginia 4-H Educational Center
(276) 676-6180
www.ext.vt.edu/resources/4h/southwest/

★ Serviced by Smith Mountain Lake 4-H Educational Center
(540) 721-2759
www.ext.vt.edu/resources/4h/smithmt/

★ Serviced by Holiday Lake 4-H Educational Center
(434) 248-5444
www.ext.vt.edu/resources/4h/holiday/

★ Serviced by Northern Virginia 4-H Educational Center
(540) 635-7171
www.ext.vt.edu/resources/4h/northern/

★ Serviced by Jamestown 4-H Educational Center
(757) 253-4931
www.ext.vt.edu/resources/4h/jamestown/

★ Serviced by Airfield 4-H Educational Center
(757) 899-4901
www.ext.vt.edu/resources/4h/airfield/