

HOLIDAY LAKE 4-H EDUCATIONAL CENTER 2011

Breakfast is served with biscuits, coffee, hot tea, juice, milk and all condiments. Choice of one entrée, one meat and two sides. Any additional choices will be \$1.25 extra.

BREAKFAST MENU SELECTION

\$8.00/Buffer - \$7.00/per plate

ENTRÉE:

Chipped beef gravy
French toast
French toast sticks
Fried eggs
Pancakes
Scrambled eggs
Sausage gravy
Waffles

SIDES:

Bagel/cream cheese
Corn beef hash
Donuts
English muffins
Grits
Hash browns
Home fries
Oatmeal
Pastries
Toast

MEATS:

Bacon
Country ham
Sausage links
Sausage patty
Virginia ham

SIDES:

Apples
Bananas
Baked apples
Fruit bowl
Fruit cocktail
Fruit tray
Oranges
Peaches
Pears
Yogurt

Clients may pre-select menus with two weeks advance notice or selection will be made by the food service manager. Special dietary need and vegetarian options are available. Any questions please contact John Lankford, Food Service Manager, (434) 248-5444.

HOLIDAY LAKE 4-H EDUCATIONAL CENTER 2011

All selection are served with 1 entrée, 2 choices of vegetable, soup or side dish, a choice of dessert, (see dessert page) Sweet tea or Kool-aid, coffee and water. Additional entrée choices will be \$3.00 each; vegetables, soup, or side dish choices will be \$0.75 each. Soft drinks are available for \$0.75 extra.

LUNCH MENU SELECTION

\$9.00/Bufferet - \$8.00/per plate

ENTRÉE

Chicken Salad
Chicken sandwich
Chuck wagon
Egg salad
Fish filet
Hamburgers
Ham subs
Hotdogs
Steak subs
Tuna salad
Turkey subs
(All sandwiches served with lettuce, tomato & condiments)
Fried chicken
Baked chicken
Pork BBQ
Chicken tenders
Pizza
Ham & cheese croissant

SOUPS

Beef stew
Chicken
Minestrone
Potato
Tomato
Vegetable

VEGETABLE

Broccoli
Corn
Peas
String beans
Tossed salad

SIDES

Baked beans
Coleslaw
Curley fries
French fries
Macaroni salad
Mashed potato
Onion Rings
Pasta salad
Potato salad
Rice pilaf
White rice
Assorted chips

These Entrée selections are also available:

\$9.00/Bufferet \$8.00/per plate

Chicken fajitas (chicken, flour shells, lettuce, tomato, cheese, onions, peppers, Spanish rice, salsa, sour cream)

Cookout (Hamburgers & hotdogs or BBQ, 2 choices of sides or vegetable and cookies)

Taco salad (meat, tortilla chips, lettuce, tomato, cheese, salsa, refried beans, sour cream)

Sandwich bar (choice of 2 meats, cheese, white, wheat, rye bread, lettuce, tomato, pickles)

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HOLIDAY LAKE 4-H EDUCATIONAL CENTER 2011

All selection are served with 1 entrée, 2 choices of vegetable, soup or side dish, a choice of dessert, (see next page) fresh baked rolls, sweet tea or Kool-aid, coffee, water and hot tea. Soft drinks are available for \$0.75 extra. Additional entrée choices will be \$3.00 each; vegetables or side dish choices will be \$0.75 each. Call for additional entrée prices.

DINNER MENU SELECTION

<u>ENTRÉE</u>	<u>BUFFET</u>	<u>PER PLATE</u>
Baked chicken	\$10.00	\$ 9.00
Boneless chicken	\$10.00	\$ 9.00
BBQ chicken	\$10.00	\$ 9.00
Chicken parmesan	\$11.00	\$10.00
Cookout –	\$10.00	
(Hamburgers & hotdogs or BBQ, buns substituted for roll)		
Fresh turkey	\$11.00	\$10.00
Fried chicken	\$10.00	\$ 9.00
Lasagna (meat or veggie)	\$11.00	\$10.00
Meatloaf	\$10.00	\$ 9.00
Pork BBQ	\$10.00	\$ 9.00
Pork chops	\$10.00	\$ 9.00
Pork tenderloin	\$11.00	\$10.00
Rib eye steak (8 oz) or (12 oz)		\$14.00 or \$16.50
Roast beef	\$11.00	\$10.00
Salisbury steak	\$10.00	\$ 9.00
Spaghetti w/meatballs	\$10.00	\$ 9.00
Spaghetti w/meat sauce	\$10.00	\$ 9.00
Virginia ham	\$10.00	\$ 9.00
Fresh turkey	\$11.00	\$10.00

VEGETABLES

Broccoli
 Broccoli w/ cheese
 Carrots
 Cauliflower/broccoli
 Collard greens
 Corn
 Corn on the cob

Lima beans
 Peas
 String beans
 Spinach
 Sweet potatoes
 Tossed salad

SOUPS

Beef stew
 Chicken
 Minestrone
 Potato
 Tomato
 Vegetable

SIDE DISHES

Au Gratin potatoes
 Baked apples
 Baked beans
 Baked potatoes
 Cheese bread
 Cole slaw

French fries
 Macaroni & cheese
 Macaroni salad
 Mashed potatoes
 Onion rings
 Pasta salad

Rice pilaf
 Scalloped potatoes
 Stuffing
 White rice
 Potato salad
 Curly fries

HOLIDAY LAKE 4-H EDUCATIONAL CENTER 2011
Vegetarian Menu Selection

BREAKFAST

Fresh fruit
Egg/cheese sandwich
Cereal
Bagels/Cream cheese
Yogurt
Veggie bacon
Veggie sausage
(links or patties)
French toast
Pancakes
Toast
Scrambled eggs
Hash browns
Fresh fruit
Assorted fruit juices

LUNCH

Bean & cheese burrito
Grilled cheese sandwich
P.B. & J sandwich
Salad
Cheese pizza
Pinto beans
Black beans
Baked beans
Fries*
Chips
Fruit cups**
Veggie tray
Veggie burgers
Veggie dogs
Veggie BBQ
Veggie chicken patties
Veggie chicken nuggets

DINNER

Veggie burgers
Veggie dogs
Veggie BBQ
Veggie chicken patties
Veggie chicken nuggets
Spaghetti /plain sauce
Cheesy bread
Bean & cheese burrito
Grilled cheese sandwich
PB&J sandwich
Salad
Cheese pizza
Pinto beans
Black beans
Baked beans
Fries*
Chips
Fruit cups**
Veggie tray
Veggie chicken fajitas

*Fries: French fries, tater tots, curly fries, onion rings.

**Fruit cups: Peach, mixed fruit, pear, or apple sauce.

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DESSERT SELECTION

PIES

Apple
Banana Cream
Blueberry
Boston Cream
Cherry
Chocolate meringue
Coconut meringue
Lemon meringue
Peach
Pecan
Pumpkin
Sweet potato

CAKE

Carrot cake
Cheesecake
Cupcakes
Vanilla sheet cake
Chocolate sheet cake
Coconut cake
Rich chocolate cake
German chocolate
Specialty cakes (with 3 wks. notice)
Pound cake (different flavors with 2 wks. notice)

COBBLER

Apple
Blackberry
Cherry
Peach

PUDDING

Banana
Chocolate
Vanilla

COOKIES (choice of 2)

Chocolate chip
Oatmeal raisin
Oatmeal chocolate chip
Peanut butter
Sugar
Macadamia nut
Ginger snap

MISCELLANEOUS

Brownies
Ice Cream
Jell-O
Fruit Bowl

Additional Dessert Pricing (in addition to the one provided with each meal)

Cookies or Ice Cream = \$1.00/person

All other desserts = \$1.25/person

BREAKS

(Choice of one entrée below, coffee & hot tea or sweet tea or Kool-aid, Soft drinks available for \$0.75 extra)

Option A

\$2.75/person

Cheese & cracker tray
Fruit tray
Pastry tray
Vegetable tray
Brownies

Option B

\$2.50/person

Chips
Cookies
Nachos/salsa
Popcorn
Pudding
Jell-O
Ice Cream

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