



☎ 434-248-5444  
✉ [www.holidaylake4h.com](http://www.holidaylake4h.com)  
📍 1267 4-H Camp Road, Appomattox, VA 24522

Dear Camper and Family,

Thank you for your interest in Camp Loud and Clear which will be held July 19-21, 2024 at the Holiday Lake 4-H Educational Center in Appomattox County, Virginia (directions may be found at [www.holidaylake4h.com](http://www.holidaylake4h.com)). Camp Loud and Clear is a combined effort of Virginia Cooperative Extension, Holiday Lake 4-H Educational Center, Longwood University, and a team of dedicated volunteers and professionals. Camp Loud and Clear is an overnight summer camp for children and youth whose **primary disability is that he/she is deaf or hard of hearing**. Activities include swimming, archery, nature studies, hiking, and more set in the rolling terrain of Central Virginia.

Participants may be verbal or sign to communicate. Participants ages 9 to 13 (as of September 30, 2023) years old are considered campers and those ages 14 to 18 (as of September 30, 2023) are counselors-in-training (CITs). CITs participate in all activities and are given minor leadership roles. CITs will receive training on their responsibilities the first day of camp. Cost of the camp is \$155.

All campers/CITs will be sleeping in cabins or bunkhouses with at least two chaperoning adults. Boys and girls will be in separate cabins/bunkhouses. The adults in the cabins and chaperoning during the day are familiar with deafness/hearing loss. Most are enrolled in the Speech Language Pathology graduate program at Longwood University or are recent graduates working in the field.

The camp classes will be taught by the 4-H staff all of whom are certified instructors. Interpreters will be present at all times. There is an EMT on staff to handle medication administration and any first aid needs.

Campers and CITs should arrive between 11:30 and noon on Friday, July 19th. Please do not arrive early as another group will be leaving the center. Items to bring are as follows; sleeping bag or bed roll (2 sheets + blanket), pillow, toiletries, towels, washcloth, sunscreen, flashlight, medication, spare batteries for hearing assisted devices plus any appropriate spare parts for devices, appropriate clothes (please watch the weather report), appropriate shoes for walking and sports (closed toe shoes required for climbing wall and a few other activities), modest swimsuit, shower shoes, and labeled water bottle. Please do not bring valuables, electronic toys or other devices, tobacco products, weapons of any kind, or food (this attracts bees, ants etc.).

If you have any questions, please contact us at 434-248-5444 or email Tyler Cheely, Program Director, [cheelytf@vt.edu](mailto:cheelytf@vt.edu)

We look forward to seeing you at camp!