



## Activity: Map of My Room Art Project

### 4-H Pillar: Healthy Living

#### Supplies:

- Anything that can be used to make art—crayons, pencils, markers, paints, paint brushes, paper, cardboard, glue, tape, scissors, clay, yarn, old newspapers, magazines, photographs, leaves, rocks, beads, buttons... The list is as big as your imagination



**Age or Grade:** Grade 3-12

**Time:** Unlimited

**Background:** We all spend a lot of time in our rooms, so here is your chance to be creative and think about the quality of time you spend there. The challenge is to create a mixed media collage that is a map to your room—one that works on both a spatial and emotional levels.

Mixed media is an art term used to describe any type of artwork composed from a combination of different media or materials. Collages and assemblages are two examples.

Pablo Picasso was an early maker of mixed media art. Learn about Picasso here:

<https://www.tate.org.uk/kids/explore/who-is/who-pablo-picasso>

or here [https://kids.kiddle.co/Pablo Picasso](https://kids.kiddle.co/Pablo_Picasso).

**Project Goal:** The goals of this lesson are:

- Increase comfort in making art
- Learn about working with a variety of materials
- Understand the use of different colors and techniques to reflect emotion
- Learn about emotional connection with the space you live in

#### What to Do:

1. Prepare the space for art.
  - a. Making art is sometimes messy, so please prepare the space as necessary
  - b. A great space to work is a table or the floor
  - c. (Optional) tape down plastic garbage bags to protect surfaces from spills
2. Gather the supplies needed
3. Use several media types like:
  - a. Paint, chalk, fabric, newsprint, yarn, marker, pencil, dye, glue, glitter, tape, leaves, beads, buttons, photographs are all examples of things you could use, but there are likely many more options available to you at home.



4. Create a quick sketch of the room, this is not required, but helpful.
5. Create a map of your room that is both spatially – where things are-- as well as functionally on an emotional level.
  - a. For example, your sleeping area may make you feel calm, so use colors and materials you associate with feelings of calm.
6. Allow sufficient time for various materials to dry.
7. Once your map is complete and dry, consider sharing on social media  
*#4HMapofMyRoomArtproject*

## Reflect:

1. How did creating your map cause you to think differently about the different parts of your room?
2. Did this process cause you to want to change your lay out and move furniture? Did it cause you to want to tidy up?
3. How accurate is your map?
4. Did you use a ruler and make measurements?
5. How did you account for scale?
6. What materials did you use and how well did they work together?

## Apply:

1. How can you plan for adapting your personal space to better suit your needs?
2. As a family, can you do this with another room in your house?
3. How can thinking of spaces spatially and emotionally effect your family?

## Going

## Further:

1. Use mixed media to make a self-portrait.
2. Visit a museum either online or in person and be on the lookout for mixed media.

## Notes for Parents or Helpers:

### Tips for Facilitating Art:

- Young children often require greater supervision in making art due to the possibility of spills and potential hazards of materials involved.
- Inspect the youth's collection of supplies before the process begins
- Encourage youth to wear appropriate clothing that can get stained/painted, etc.
- Encourage youth to try different materials and to accept mistakes as part of the process.
- One of the biggest mistakes helpers make is "fixing" a child's work, as this erodes confidence.
- Great art can be abstract!

For more information on mixed media visit:

<https://www.format.com/magazine/resources/art/beginners-guide-mixed-media-art>