

# Decades Week

## Activity Cheat Sheet



Hula Hoop Competition: This activity is an all time favorite for us. The objective is to hula hoop for the longest time. If you have one hula hoop, use a stopwatch to time each participant. If hula hooping shows to be a bit difficult, you can modify the competition by hula hooping with your arms or legs. Creativity can make this activity a great time for all ages!

Blanket Forts: This is a fun activity to help wind down for the night. With theaters and other such attractions being closed or restricted, we are going to try to bring the experience home to you but with a twist! The idea here is to build a fort in a room capable of showing a movie. Your fort can be as extravagant or simple as you please. Great resources to build your fort are bed sheets, dining room chairs, living room furniture, blankets, and pillows to name a few. After your fort has been built, make sure there is a view going out to be able to watch a movie. Go ahead and put your favorite movie on and enjoy it from the comforts of your freshly built fort. Once the movie is done, make sure to have your camper help you clean up and put everything away.

Create your own Neighborhood Tree Guide: Walk around your neighborhood or backyard and gather leaves (preferably from the ground). When you are finished grab a stack of paper (one sheet for every two leaves you've gathered) and fold into a booklet. Do leaf rubs of each leaf you have gathered. This is done by putting the leaf under the paper, use a crayon and color over the leaf. Next to your leaf rub make notes about the tree and leaf, i.e. shape of tree, bark characteristics, does it flower, etc.

Favorite Board Game: Pick your favorite board game. Gather your favorite people. Play!

Fashion Show: Pick your favorite decade and dress up! Be sure to show it off to your family and to us! Send us a pic!

Charades: First, on small pieces of paper, write down around 15-20 things you can think of that you could act out. Examples include: etch-a-sketch, building a sandcastle, walking a dog, taking a shower, etc. Bonus points if you can think of things from different decades! Once you have written them all down, fold them in half where you can't see the word and put them into a container. One person will pull a slip of paper out and act out what is written on it without talking. Everyone else tries to guess what they are acting out. Whoever guesses it correctly is the next person to act.

