

# Get Groovy: Lava Lamps

## Materials:

- Empty jar or bottle
- Vegetable Oil
- Food coloring
- Water
- Alka-Seltzer tablets

## Activity:

- Fill the bottle most of the way with vegetable oil
- Fill the rest of the flask with water
- Add a few drops of food coloring
- Break an alka-seltzer tablet into a few small pieces, and drop them in the flask one at a time

Watch your lava lamp erupt into activity!

