

# Hometown Heroes

## Activity Cheat Sheet



Hometown Hero Parade: This activity is to show our appreciation for our hometown heroes while using our creativity. For this activity, you will need whatever you can find around the house to make a small homemade version of a hometown heroes vehicle. Things that come in handy are cardboard, scissors, tape, markers, paint, paper, etc. If you can not find some of these things around your house, that is okay, use your imagination to get the job done. The great thing about this activity is that a hometown hero can be whoever you find to be your hero. This could be a nurse, someone in the military, police, firefighter, EMS, waste management. Your hero may not be listed above but you can still make a vehicle for them for this parade. For a reference, we have attached an example below but you can alter your project however you would like. When you have finished your hero's vehicle, send us a picture or video so we can put it in our end of the week slideshow for everyone to see! \*Bonus points if you dress up as your hometown hero\*

Family Chopped Challenge: This activity is inspired by the Food Networks show Chopped. There are 2 main ways you can approach the Chopped Challenge:

1. Competition style, with 2 or more teams and a judge
2. Teamwork style, with 1 team and no judging, or self-judging

Which ever one you choose here is what you will need:

- Permission and adult supervision
- Create a chopped mystery basket of food that need to be included in the end dish. No actual basket required, just a place to put all of your ingredients to be used, same ingredients for every team.
- Decide on your time limit in advance, we recommend 30 minutes to keep it simple.
- Agree on the judging criteria and rules before you start, for example all of the ingredients in the "basket" must be used in the final dish, you can use any other ingredients in the kitchen to create dish.

