

# Wildly Creative Activity Cheat Sheet

**Watermelon Seed Sitting Contest:** All you need is a watermelon with seeds and a starting line. Seeds can be spit indoors or outdoors. If spit outdoors, seeds cannot be aided by wind, and must be spit on a windless day. Draw a line to serve as the launch point. You may get a running start if you wish, but when spitting, you cannot step over the line. Distance shall be measured not from where the seed first lands, but from where the seed stops travelling. In other words, if the seed bounces or rolls an additional five feet, that extra distance counts. Let us know who wins, extra points for pictures!

**Freeze Dance Painting:** If you haven't played before freeze dance before it's a fun stop and go dance game. When the music plays you dance and when the music stops you freeze in place. For freeze dance painting pour paint into a frisbee for to step in. Once feet are covered in paint jump on a large sheet of paper and dance to the music. Have fun dancing and freezing while she painting with your feet! Once you are done, check out your artwork! Hang it up somewhere and send us a picture!

**Sunset Hike:** Go on a hike to watch the sunset! Listen to the birds, look at the flowers and trees, and have fun! Make sure you let an adult know that you want to go on a hike before you actually do so!

